



# L-Mesitran®



## Information for patients

### What is L-Mesitran?

L-Mesitran is a honey based range of wound care products.

### How does L-Mesitran work?

L-Mesitran uses a powerful combination of Medical Grade Honey and antioxidants. This aids wound healing by creating a favourable wound healing environment.

### Why you are using L-Mesitran

You are using L-Mesitran to help heal your wound.

### Will it be painful?

It is unlikely you will experience any pain using L-Mesitran as it has been designed with a lower honey content providing a balance of performance and patient comfort. Other honey products can sometimes be associated with pain.

### How long can L-Mesitran remain in place for?

If you are using the Ointment or the Soft, it will absorb into the wound bed. This should be reapplied to the wound bed after 24 - 48 hours.

If you are using one of the dressings (Hydro or Border), these can remain in place for up to 3-5 days. Your clinician will advise you how often to change your dressing.

### How should the dressing be stored?

If the dressings remain with you between treatments, they should be stored in a dry area at normal room temperature and kept away from sunlight.

### How to remove L-Mesitran

#### L-Mesitran Ointment / Soft application

If any wound gel remains on your wound, this can be removed at wound cleansing.

#### L-Mesitran / Border / Hydro application

Gently peel back the dressing until it's completely removed from your wound.

### Who should not use L-Mesitran?

Do not use L-Mesitran if you have a known sensitivity to honey or other product ingredients.

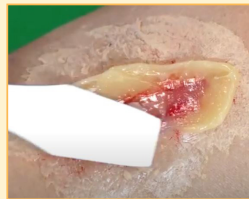
**This is a product overview and does NOT replace advice or guidance provided by your Clinical Specialist and the local NHS protocols. If you have any further questions, please contact your Clinical Specialist.**

## How do I apply L-Mesitran?

Your Clinician should have advised you how to use L-Mesitran.

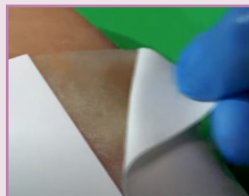
### L-Mesitran Ointment / Soft application

1. Apply a thin layer directly onto the wound and surrounding tissue using a sterile spatula
2. Secure the gel with the secondary dressing provided by your clinician



### L-Mesitran Border / Hydro application

1. Remove dressing from the pouch and peel back half of the plastic liner
2. Gently place the gel side of the exposed dressing over the wound, whilst removing second half of the plastic liner
3. Once in place, remove paper liners from top of dressing
4. Make sure the dressing is secured in place



**When using L-Mesitran products inspect the wound and surrounding tissue regularly.**

**If you experience any complications using L-Mesitran such as pain or stinging please contact your Clinician.**

### Clinician's Details

Name: .....

Trust / Health Centre: .....

Tel No: .....