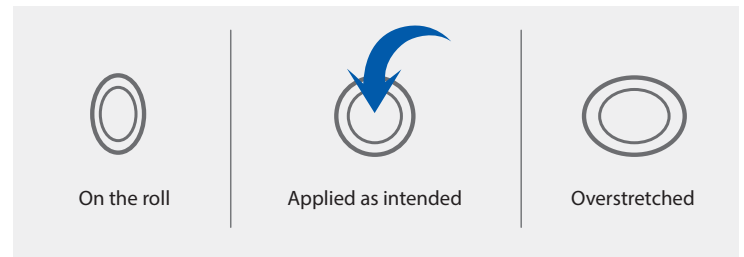


### How do the visual indicators work?

Visual indicators are now available on all AndoFlex TLC systems to improve ease of use by supporting application and intended compression.

### How does it work?

- Use visual indicators as a guide
- Stretch the bandage until the **oval** indicators become **circles**



### Applying AndoFlex TLC\*

**Prior to applying AndoFlex TLC, apply a primary dressing to the wound**

#### Layer 1

Position the foot at a 90° angle

1. Begin wrapping Layer 1 on the top of the foot, at the base of the fifth digit in a spiral technique
2. Continue spiral wrapping across the top of the foot then proceed to wrap 1 figure of 8 around the back of the heel/ankle. The plantar surface of the heel may be left partially exposed
3. Continue spiral wrapping up the leg. Apply with a 50% overlap using just enough tension to conform to the shape of the leg, ending just below the knee
4. Cut or hand-tear excess materials and tape to keep the bandage in place



#### Layer 2

Position the foot at a 90° angle

1. Begin wrapping Layer 2 on the top of the foot, at the base of the fifth digit in a spiral technique



2. Hold the bandage with thumb and stretch until the ovals become circles. Begin spiral wrapping across the top of the foot, then proceed to wrap two figure of 8's around the back of the heel/ankle completely covering the heel and foot. Continue to maintain even tension by stretching the visual indicators from ovals to circles to ensure intended compression is provided



3. Continue to spiral wrap up the leg covering Layer 1 with 50% overlap while maintaining even tension



4. Cut or hand-tear excess material



5. Gently press over entire application to ensure a strong bond and reduce slippage



6. Apply Nylon stocking over the system for ease of movement in footwear, under clothes and bed sheets



**Removal:** remove with bandage scissors or by unwrapping.

[www.hrhealthcare.co.uk](http://www.hrhealthcare.co.uk)

\*See product insert leaflet for full instructions for use. AndoFlex TLC is a registered trademark of Andover Healthcare, Inc., a subsidiary of Milliken Healthcare Products, LLC.