

L-Mesitran®



Healing wounds naturally User Guide

L-Mesitran is a range of Medical Grade Honey based products indicated for wound treatment. It comes in a variety of different formats in order to meet a wide range of requirements.

L-Mesitran Ointment



L-Mesitran Ointment is antibacterial and contains **48% Medical Grade Honey**.

When the Ointment is in contact with the wound, fluid is drawn from the surrounding tissue. The moist wound healing environment helps to debride and reduce bacterial colonisation.

L-Mesitran Soft



L-Mesitran Soft is antibacterial and contains **40% Medical Grade Honey**.

Pure honey has been known to cause pain when applied to wounds, so Soft was designed with sensitive patients in mind due to its reduced honey content.

Application

1. Remove the lid. Clean the mouth of the tube and top of the lid
2. Push the top of the lid into the foil seal that covers the nozzle. Do not squeeze the tube at this time
3. Use a sterile spatula to distribute a thin layer of L-Mesitran either directly to the wound area and the surrounding tissue or on to sterile gauze first
4. Cover and secure with the appropriate secondary dressing
5. Inspect the wound and the surrounding tissue regularly, as per local protocols

Frequency of use

- This is dependent on the amount of exudate and the needs of the wound
- Re-apply the product when it has dissolved (once every 24 – 48 hours)

Please note: After opening, use the product within three months

Single patient, multi use.

Single patient, multi use.

L-Mesitran Hydro



L-Mesitran Hydro is a hydro-active, low adherent dressing.

This honey-hydrogel pad contains **30% Medical Grade Honey**. It donates moisture to rehydrate dry tissue and is able to absorb 9 times its own weight of wound fluids.

L-Mesitran Border



L-Mesitran Border allows the dressing to be fixed securely, suitable where patients need to shower or bathe with the dressing in place.

Application

1. Inspect wound and if necessary, cleanse the wound as per local protocols
2. Ensure the size of the dressing pad overlaps the wound by approximately 1cm
3. Remove sterile dressing from package. Peel back first half of plastic protective liner
4. Gently place the gel side of the exposed gel over the wound, while removing the second half of the plastic protective liner
5. Once in place, remove paper liners from the top of the dressing. Ensure the adhesive of the Border does not come into contact with wound surface and is properly adhered. If using the Hydro, please ensure this is secured in place with an appropriate fixation
6. Inspect wound as per local protocol. In the event of an intolerance to the dressing or one of its components, remove the dressing using appropriate techniques and clean area carefully

Frequency of use

- The dressing can remain in place up to 5 days dependent on the amount of wound exudate
- Change dressing prior to it becoming saturated with exudate or if it's become compromised
- Complete and gentle removal of dressing may be aided by irrigation

Each dressing is for single patient use.

L-Mesitran Net



L-Mesitran Net is a sterile-open weave mesh dressing coated with a hydro-active hydrogel, containing **20% Medical Grade Honey**.

The open weave net in this dressing allows for passage of wound exudates to be absorbed by a secondary dressing, avoiding maceration of surrounding tissue. This wound contact layer provides some absorption and retention of exudate to help maintain a moist wound healing environment.

Application

1. Inspect and if necessary, cleanse the wound as per local protocols
2. Remove the sterile dressing from the pouch
3. Peel the dressing off the clear plastic backing sheet and apply the freshly exposed side to the wound
4. Cover and secure with the appropriate secondary dressing
5. Inspect the wound and the surrounding tissue regularly, as per local protocols
6. In the event of an intolerance to the dressing or one of its components, remove the dressing using appropriate techniques and clean the area carefully

Each dressing is for single patient use.

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