

# kliniderm® foam silicone lite

Mini Guide 1  
PPE

## Cushioned protection against PPE skin damage

PPE has been essential for protecting healthcare workers from COVID-19 but it has presented its own set of challenges. Prolonged PPE use can cause skin damage, which can ultimately lead to infection<sup>1</sup>. Pressure damage can occur due to moisture and also friction if the PPE is not fitted correctly<sup>2,3</sup>.

**NHS England and NHS Improvement** guidelines state, if you need to use a dressing underneath your mask to protect your skin, you should consider<sup>2</sup>:

- A low profile product, preferably with a tapered edge
- The mask still fits correctly; the fit test should be repeated<sup>4</sup>
- The skin and your mask/visor are clean and thoroughly dry before applying

## Using Kliniderm foam silicone lite between the skin and PPE

1. Following local protocols, assess all contact areas between your skin and mask including nose, cheeks, forehead, chin and behind your ears

2. Select an appropriate dressing size and cut out the shapes as shown, adjusting to ensure best fit



3. Apply gently to the compromised areas, ensuring your mask fits correctly against your skin to provide an adequate seal to protect from airborne transmission

4. Inspect your skin regularly and if possible, remove your mask at least every 2 hours to relieve the pressure and reduce moisture build up



## Benefits of Kliniderm foam silicone lite



Gentle  
silicone  
adhesive



Conformable



Helps  
reduce  
friction



Light  
and  
slim



Provides  
skin  
protection



Cut to  
shape



Cushioning  
effect

## Ordering details

kliniderm® foam silicone lite *without border*

Size	Pieces per box	Product code	PIP code	NHS code
6cm x 8.5cm	5	40514810	399-4126	ELA750
10cm x 10cm	5	40514811	399-4134	ELA751
15cm x 15cm	5	40514812	399-4142	ELA752
20cm x 50cm	4	40514813	399-4159	ELA755

Recommended size



[www.kliniderm.co.uk](http://www.kliniderm.co.uk)