A NEW SOLUTION IN THE TREATMENT OF MOISTURE LESIONS

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INTRODUCTION
Continuous contact with moisture can cause painful irritation of the skin in elderly people. These superficial wounds produce high levels of exudate and may be infected easily. Patients with incontinence of urine and stool may be at risk of moisture lesions. Other factors which can damage the surrounding skin include wound exudate from pressure ulcers. Sweat in obese patients, the elderly and diabetics can induce intertrigo. These wounds are situated in skin folds as axilla, perineum, inframammary creases and abdominal folds.

METHODS
Limiting the risk factors associated with the occurrence of moisture lesions will reduce their incidence. Prevention is always superior to cure. Daily inspection of skin and cleansing with a pH neutral soap / cleansing foam will help to ensure good hygiene. Avoiding skin to skin contact and prevention of associated sweating/chafing (intertrigo) is necessary. Protection/treatment of intact and broken skin with Proshield®Plus has been evaluated in an observational study in 10 patients with moisture lesions.

DISCUSSION
Most skin protectants are recommended for application to intact skin only. The new product Proshield®Plus is not only suitable for protection of perilesion skin but is the only barrier cream indicated for both intact and broken skin. Thus protection and treatment of e.g. pressure ulcers may be found in one product. The above case studies illustrate the remarkable dual role of Proshield®Plus.

RESULTS
In all the case studies reported above positive outcomes may be seen. In most instances this was achieved in just a few days. The ointment is easy to apply in both moist and dry skin conditions and is equally easy to remove with the cleanser.

Skin-to-skin contact in the groin has caused a severe irritation that was worsened by friction, sweating and urine incontinence. Spectacular result after 48 hours treatment.

Painful diaper dermatitis in an infant aged 10 months. Irritation is due to urine & faeces trapped in the diaper. Effective daily treatment with Proshield®Plus with efficacious result.

Painful moisture lesion due to faecal incontinence. Daily treatment with Proshield® Plus gave lasting results.

Easy application of protectant and skin repairing ointment. Obvious result after only 4 days.

The delicate skin under the breasts is most prone to developing moisture lesions. Proshield®Plus repairs the lesions and protects the skin against transpiration.

After daily application of Proshield®Plus, a simple cotton gauze helps to allow air to reach the affected region. Pain reduction immediately after the first application.

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This case study was not sponsored by the manufacturer or by anybody associated to the product. frans.meuleneier@telenet.be

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